



CICOA
Aging & In-Home Solutions

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Tenders (2) White Gravy Seasoned Rice Pilaf Turnip Greens Dinner Roll Fresh Orange Milk/Juice	3 Italian Macaroni & Beef Casserole Hot Pineapple Broccoli/Red Pepper Wheat Bread/Marg Jello Cup Milk/Juice	4 Roast Pork Loin (3 oz) Tropical Fruit Sauce Carrots Lima Beans Wheat Bread/Margarine Apricots Milk/Juice	5 Meatloaf Tomato Sauce Mashed Potatoes Green Beans Wheat Bread/Margarine Diced Pears (6 oz) Milk/Juice	6 Potato Crusted Pollock (1) Creamed Spinach Peas & Corn Hamburger Bun Fresh Apple Milk/Juice
9 Ham & Beans (8 oz) Baby Carrots Brussels Sprouts Cornbread/Margarine Tapioca Pudding Milk/Juice	10 Turkey Burger Succotash Sweet Potato Casserole Bun Apple Crisp Milk/Juice	11 Lasagna Casserole (8 oz) Yellow Squash Green Beans Bun Fruit Salad Milk/Juice	12 Beef & Cabbage Stew Scalloped Apples Corn O'Brien Wheat Bread/Marg Jello Cup Milk/Juice	13 Tuna Noodle Casserole (8 oz) Peas & Carrots Cinnamon Applesauce Wheat Bread/Marg Apricots Milk/Juice
16 Breaded Chicken Breast Sweet & Sour Sauce Oriental Vegetable Mixed Bean Salad Wheat Bread/Margarine Tropical Fruit Salad Milk/Juice	17 Hoosier Pork Loin Country Gravy Whipped Sweet Potatoes Lima Beans Wheat Bread/Marg Fresh Apple Milk/Juice	18 Baked Beef Patty Green Beans Roasted Potatoes (3 oz) Bun Pudding Cup Milk/Juice	19 Birthday Dinner Roasted Beef & Sauce (3 oz) Roasted Potatoes California Blend Veggies Wheat Bread/Margarine Cake Milk/Juice	20 Oven Fried Chicken Baked Beans Cole Slaw Wheat Bread/Margarine Fruited Jello Milk/Juice
23 Three Cheese Pasta/Ham (8 oz) Peas Broccoli Cuts (4 oz) Dinner Roll/Margarine Spiced Fruit Milk/Juice	24 Beef & Noodles (6 oz) Mashed Potatoes Turnip Greens Wheat Bread/Margarine Fig Newton Milk/Juice	25 Sliced Turkey Breast(2 oz) Sweet Potatoes (4 oz) Broccoli Cuts (6 oz) Wheat Bread/Marg Mixed Fruit Cup Milk/Juice	26 Veal Patty with Tomato Sauce & Cheese Key West Vegetables Baked Potato Wheat Bread/Margarine Apples & Cherries With Almonds Milk/Juice	27 Baked Oat Bran Chicken (5 ea) Pasta with Spinach Italian Green Beans Cauliflower Wheat Bread/Margarine Diced Peaches Milk/Juice
30 Indiana Chili Mac (4 oz) Carrots Apples & Raisins Cornbread/Margarine Fruit and Grain Bar Milk/Juice	<h1>June 2008</h1>			