

# April 2008

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <u>Beef Noodle Menu</u> 855 Calories 106 mg Cholesterol 571 mg Calcium 631 mg Sodium	<b>2</b> <u>Turkey Menu</u> 881 Calories 153 mg Cholesterol 434 mg Calcium 859 mg Sodium	<b>3</b> <u>Veal Menu</u> 788 Calories 63 mg Cholesterol 494 mg Calcium 656 mg Sodium	<b>4</b> <u>Chicken Menu</u> 747 Calories 65 mg Cholesterol 466 mg Calcium 720 mg Sodium
<b>7</b> <u>Chili Mac Menu</u> 847 Calories 49 mg Cholesterol 577 mg Calcium 754 mg Sodium	<b>8</b> <u>Lemon Chicken Menu</u> 762 Calories 38 mg Cholesterol 606 mg Calcium 1196 mg Sodium	<b>9</b> <u>Sausage Menu</u> 799 Calories 96 mg Cholesterol 467 mg Calcium 1211 mg Sodium	<b>10</b> <u>Chicken Menu</u> 846 Calories 69 mg Cholesterol 399 mg Calcium 667 mg Sodium	<b>11</b> <u>Spaghetti Menu</u> 772 Calories 40 mg Cholesterol 449 mg Calcium 735 mg Sodium
<b>14</b> <u>Chicken Menu</u> 754 Calories 36 mg Cholesterol 398 Calcium 883 mg Sodium	<b>15</b> <u>Beef Menu</u> 779 Calories 58 mg Cholesterol 609 mg Calcium 804 mg Sodium	<b>16</b> <u>Egg Menu</u> 840 Calories 236 mg Cholesterol 537 mg Calcium 1045 mg Sodium	<b>17</b> <u>Beef Macaroni Menu</u> 793 Calories 82 mg Cholesterol 734 mg Calcium 679 mg Sodium	<b>18</b> <u>BBQ Beef Menu</u> 822 Calories 54 mg Cholesterol 480 mg Calcium 804 mg Sodium
<b>21</b> <u>Chicken Menu</u> 759 Calories 62 mg Cholesterol 663 mg Calcium 757 mg Sodium	<b>22</b> <u>Italian Beef Menu</u> 852 Calories 73 mg Cholesterol 514 mg Calcium 658 mg Sodium	<b>23</b> <u>Pork Loin Menu</u> 781 Calories 69mg Cholesterol 435 mg Calcium 771 mg Sodium	<b>24</b> <u>Meatloaf Menu</u> 777 Calories 95 mg Cholesterol 397 mg Calcium 847 mg Sodium	<b>25</b> <u>Baked Pollock Menu</u> 745 Calories 88 mg Cholesterol 466 mg Calcium 957 mg Sodium
<b>28</b> <u>Ham &amp; Bean Menu</u> 780 Calories 65 mg Cholesterol 506 mg Calcium 780 mg Sodium	<b>29</b> <u>Turkey Burger Menu</u> 1110 Calories 125 mg Cholesterol 549 mg Calcium 887 mg Sodium	<b>30</b> <u>Lasagna Menu</u> 859 Calories 62 mg Cholesterol 452 mg Calcium 688 mg Sodium	<b><i>Nutritional Analysis</i></b>	